



ASSOCIATION OF PUBLIC HEALTH
PHYSICIANS OF NIGERIA (APHPN)

42nd

Annual General Meeting & Scientific Conference.

Dates:
February
9th – 13th, 2026

Venue:
Muhammad Indimi
Conference Centre,
Maiduguri,
Borno State.

TAGGED: BORNO 2026

Theme:

**Healing in Crossfire: Health Under Threat:
Delivering Health Services in Conflict and Crisis**

SUBTHEME:

1. Delivering Reproductive, Maternal, Newborn, Child, Adolescent, and Elderly Health + Nutrition (RMNCAEH+N) in crisis situations.
2. Health system responses to Sexual and Gender-Based Violence (SGBV) in humanitarian settings.
3. Mental health and psychosocial support in conflict and fragile communities.
4. The intersection of climate change and conflict, focusing on adaptation and mitigation strategies.
5. Building resilient healthcare systems in conflict situations.
6. Violence against healthcare workers in conflict settings.

315,000

persons initiated on lifelong ART

488

HIV+ women with pre-cancerous lesions treated with chemotherapy

10,796

persons received



Public Health Initiatives

This Is APIN

186,896

OVC beneficiaries served through the PEPFAR-funded program for orphans and vulnerable children

35,232

persons diagnosed with cancer

38,000

Victims of Basaloid provided psychosocial support



Scan to learn more



Whether at the health facility OR in the community,

APIN Public Health Initiatives makes sure that quality health services are easily accessible to those who need them.

info@apin.org.ng

APINNigeria



NORTH EAST DEVELOPMENT COMMISSION
Development, peace & Prosperity.....



Stanza 1

Nigeria, we hail thee,
Our own dear native land,
Though tribe and tongue may differ,
In brotherhood, we stand,
Nigerians all, and proud to serve
Our sovereign Motherland.

Stanza 2

Our flag shall be a symbol
That truth and justice reign,
In peace or battle honour'd,
And this we count as gain,
To hand on to our children
A banner without stain.

Stanza 3

O God of all creation,
Grant this our one request,
Help us to build a nation
Where no man is oppressed,
And so with peace and plenty
Nigeria may be blessed.





His Excellency
BOLA AHMED TINUBU, GCFR
President, Federal Republic Of Nigeria



His Excellency
PROF. BABAGANA UMARA ZULLUM, CON, FNSE, mni,
Executive Governor, Borno State

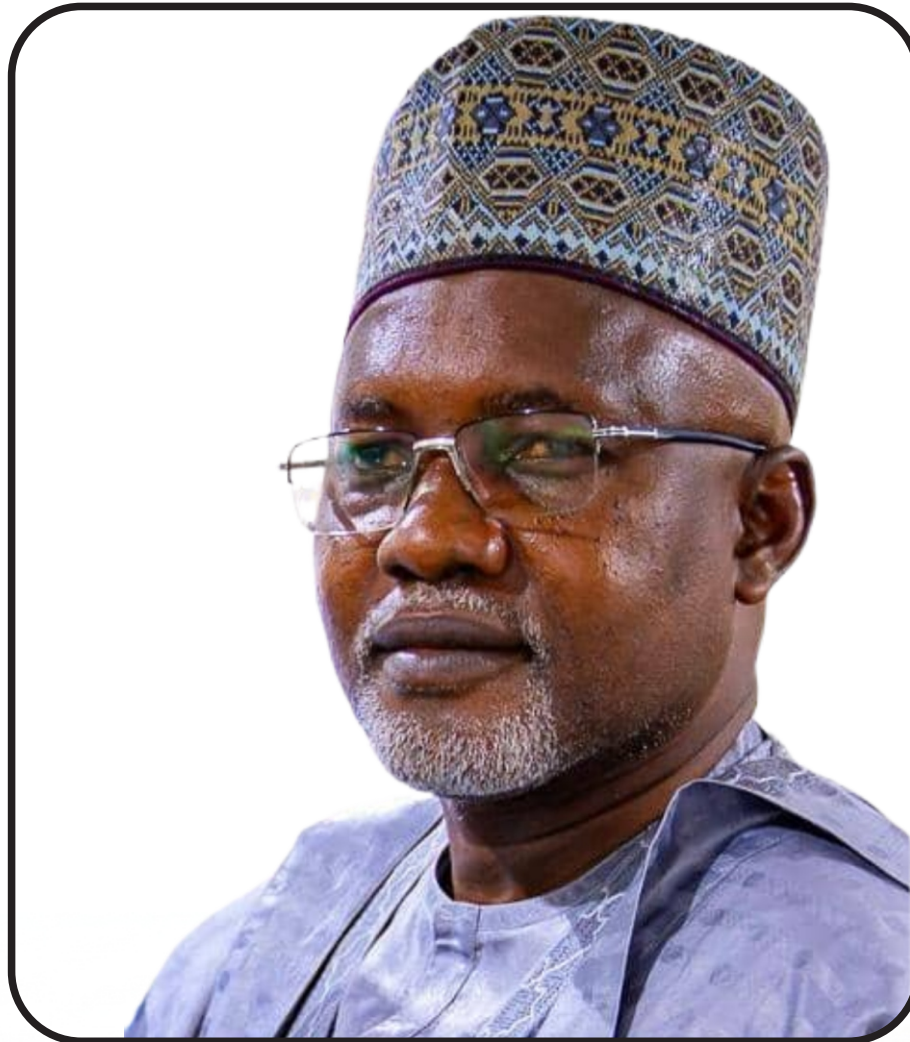


His Excellency
UMAR USMAN KADAFUR
Deputy Governor, Borno State



PROF. MUHAMMED ALI PATE
Coordinating Minister of Health and
Social Welfare





DR. YUSUF TANKO SUNUNU
Honourable Minister of State, Federal Minister of
Humanitarian and Poverty Reduction



PROFESSOR BABA MALLAM GANA
Honourable Commissioner of Health
Borno State.





His Royal Highness
**ALHAJI (DR.) ABUBAKAR IBN UMAR
GARBAI AL-AMIN EL-KANEMI**
The Shehu Of Borno



DR. YAKUBU MOHAMMED EL-YAKUB
NMA Chairman, Borno State





PROF. AYUBA IBRAHIM ZOAKAH
Chairman of the Ocassion



DR. TERFA KENE
PRESIDENT ASSOCIATION OF PUBLIC HEALTH PHYSICIANS OF NIGERIA



DR. ZARA W. WUDIRI
CHAIRMAN
BORNO STATE BRANCH
ASSOCIATION OF PUBLIC HEALTH PHYSICIANS OF NIGERIA



PROF. YAHYA SHUAIBU

Chairman

Local Organizing Committee



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LOCAL ORGANIZING COMMITTEE**



Dr. Aisha Aliyu Abulfathi
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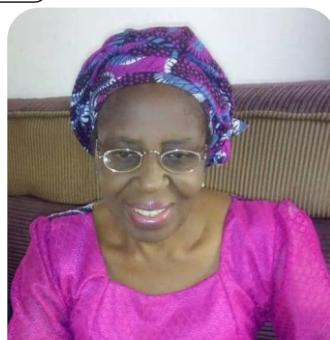
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Publicity & Media Committee



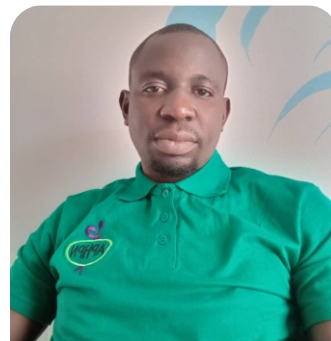
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Dr. Fatima Barma
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Registration & Accreditation
Committee



Dr. Samaila Wakawa
Chairman
IT & Virtual Conference Committee



LIST OF LOC MEMBERS

Scientific Committee

Chairman: Dr T.M. Bolori

Members:

Dr Sulaiman Saidu Bashir

Dr Taofik Oyelade

Dr Sonne Atinge

Security Committee

Chairman: Dr Tijjani Mungono

Members:

Dr Maina Jeremiah

Logistics & Venue Management Committee

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Members:

Dr Fatima Kabiru Kashuku

Mr. Philip Musa Chiroma

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Dr Hajja Kolo

Dr Fatima Adam

Dr. Fauziya Wala

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Dr. Zara W. Wudiri

Dr. Aisha Aliyu Abulfatih

Publicity & Media Committee

Chairman: Dr Sakinatu Jama Umaru

Members:

Dr Salmah Abdulhamid Buba

Dr Ruqqaya Mohammed Aji

IT & Virtual Conference Committee

Chairman: Dr Samila Wakawa

Members:

Dr Salau Olamilekan

Dr Dofwah Kevin

IT support- Mr. Magaji Ayuba

Mr. Ibrahim Ezekiel

Hospitality & Protocol Committee

Chairman: Dr. Maina Jeremiah Yaga

Members:

Dr Garba Danjuma

Dr Dika Musa Sakwa

Medical & Outreach Committee

Chairman: Dr. Fatima Lawan Bukar

Members:

Dr. Abubakar Bappah Kabir

Dr. Fatima Kashim Zannah

Entertainment Committee

Chairman: Dr Fatima Barma

Members:

Dr. Fatima Kabiru Kasuhku

Dr. Aisha Kaumi

Dr. Ruqayya Abbasheik



Program of event for 2026 conference

ASSOCIATION OF PUBLIC HEALTH PHYSICIANS OF NIGERIA

PROGRAMME OF EVENTS FOR BORNO_NEZ 2026 APHPN CONFERENCE

DAY 1 (ARRIVAL OF DELEGATES)			Monday 9th February, 2026
TIME	DURATION	ACTIVITY	VENUE
8:00 am to 6:00 pm	All day	Registration of delegates	
9:00 am to 2:00 pm	5 hours	Arrival of BOT and other delegates	
5:00 pm to 7:00 pm	2 hours	BOT/NOC/LOC Meeting	

DAY 2 (COURTESY VISIT / PRE -CONFERENCE)

Tuesday 10th February, 2026

TIME	DURATION	ACTIVITY	VENUE
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COURTESY VISIT BY BOT/NOC/LOC

8:00 am - 9:00 am	1 hour	Press briefing by BOT/NOC/LOC	Press briefing by BOT/NOC/LOC
9:00 am to 10:00 am	1 hour	Courtesy Visit. BOT/NOC/LOC	Vice Chancellor, University of Maiduguri, Borno State. Prof. Mohammed Laminu Mele.
10:20pm - 12:00pm	2 hour	Courtesy Visit. BOT/NOC/LOC	Borno State Governor, H.E. Prof. Engr. Babagana Umara Zulum/ Commissioner for Health/ Executive Director Borno SPHCDA/Mama Umaru Shehu
12:00pm - 1:00pm		Courtesy Visit. BOT/NOC/LOC	HRH. The Shehu of Borno, Alhaji Abubakar Ibn Umar Garbai El -Kanemi.

PRE -CONFERENCE ACTIVITIES.

Start 7:00 am	All day	Registration of delegates continues	Mohammed Indimi Hall, UNIMAID
9:00am -10:00 am	1 hour	Pre -conference workshop Topic: . Strengthening Health Facility Security and Emergency Preparedness: Integrating Violence Prevention into Humanitarian Health System Resilience Trainer: Mr Reuben Odum Chairperson: Prof Alphonsus Isara	Mohammed Indimi Hall, UNIMAID
10:00am -10:30am	30 minutes	Tea Break	Canopy space
10:30am -12:30am	1 hour 30minutes	Pre -conference workshop continues	Mohammed Indimi Hall, UNIMAID
12:30am - 2:30 pm	2 hours	Outreach (Dalori Clinic)	Mohammed Indimi Hall, UNIMAID
2: 30 - 3:30 pm	1 hour	Lunch	Canopy space
4:00 - 6:00 pm		Welcome Cocktail Party	Mohammed Indimi Hall, UNIMAID



DAY 3 (OPENING CEREMONY AND SCIENTIFIC CONFERENCE)			Wednesday 11th February, 2026
TIME	DURATION	ACTIVITY	VENUE
7:00 am	All day	Registration of delegates continues	Mohammed Indimi Hall, UNIMAID
8:00 - 9.00 am	1 hour	Parallel Scientific Session I- Oral Presentation (Abstract)	Mohammed Indimi Hall, UNIMAID
		Parallel Scientific Session II- Oral Presentation (Abstract)	Prof Ibrahim Njodi breakout room Mohammed Indimi Hall, UNIMAID
9:00 - 10:00 am	1 hour	Tea Break	Mohammed Indimi Hall, UNIMAID
10:00 - 2: 00 pm	4 hours	Opening ceremony: DR ISAAC OLUWOLE MEMORIAL LECTURE. Navigating Complexity: Strengthening Public Health Systems Across Nigeria's Multidimensional Conflict and Humanitarian Crises. Honorable Minister of State for Humanitarian Affairs and Poverty Reduction : Hon Dr Tanko Yusuf Sununu	Mohammed Indimi Hall, UNIMAID
1:00 – 2:00 pm	1 hour	Lunch	Canopy space
2:00 - 3:00 pm	1 hour	Plenary Session I: Health System Recovery in Fragile Settings: Evidence from NEDC-Supported Interventions. Chairman: Dr Salma Anas Vice Chair: Prof. Sunday Adedeji Aderibigbe	Mohammed Indimi Hall, UNIMAID
3:00 - 4.00 pm	1 hour	Parallel Scientific Session III_ Oral Presentation (Abstract)	Mohammed Indimi Hall, UNIMAID
		Parallel Scientific Session IV_ Oral Presentation (Abstract)	Prof Ibrahim Njodi breakout room Mohammed Indimi Hall, UNIMAID
	1 hour	Parallel Scientific Session V_ Oral Presentation (Abstract)	Prof Aliyu shugaba breakout room Mohammed Indimi Hall, UNIMAID
4:00 pm - 5:00 pm	1 hour	Plenary session II: Intergrating Mental Health into Fmily Planning, Antenatal and Postnatal Care Services-UNFPA Chairman: Prof. Andrew Obi Vice Chair: Dr Abubakar Sari	Mohammed Indimi Hall, UNIMAID
5:00 pm		Closing for the day	All
DAY 4 (SCIENTIFIC CONFERENCE CONTINUES)			Thursday 12th February, 2026
TIME	DURATION	ACTIVITY	VENUE
7:00 am	All day	Registration of delegates continues	Mohammed Indimi Hall, UNIMAID
8:00 am –8:45am	45 minutes	Parallel Scientific Session VI_ Oral Presentation (Abstract)	Mohammed Indimi Hall, UNIMAID
		Parallel Scientific Session VII_ Oral Presentation (Abstract)	Prof Ibrahim Njodi- Mohammed Indimi Hall, UNIMAID
8:45 am - 9:45 am	1 hour	Tea Break	Canopy space



9:45 am - 10:45 am	1 hour	Plenary Session III: Health Programming in Crisis-Prone Areas: APIN Innovative Approaches. Chairman: Dr. Jay Osi Samuels Co- Chairman: Prof S.J Yahaya Moderator:Dr Kingsley C. Okafor	Mohammed Indimi Hall, UNIMAID
10:45 am - 11:45 am	1 hour	Plenary Session IV: Foreign, Commonwealth and Development Office (FCDO) Lafiya Program and Nigeria partnership approach to developing and scaling climate resilient and sustainable Health systems. Chairman: Prof Omosive Maduka Vice Chair : Dr Zara Wudiri	Mohammed Indimi Hall, UNIMAID
11:45 - 1.00 pm	1 hour 15 mins	Parallel Scientific Session VIII - Oral Presentation (Abstract)	Mohammed Indimi Hall, UNIMAID
		Parallel Scientific Session IX - Oral Presentation (Abstract)	Prof Ibrahim Njodi - Mohammed Indimi Hall, UNIMAID
		Parallel Scientific Session X - e-Poster Presentation (Abstract)	BALCONY
1:00 – 2:00 pm	1 hour	Lunch	Name of venue
2:00 pm – 3:30 pm	1hr 30 mins	Technical session I: "Subnational Innovations for Resilient Health Systems in Humanitarian Settings: Lessons from the Frontlines of Northeast Nigeria" Borno,Yobe, Bauchi, Gombe, Adamawa , Taraba Chairman: Prof. Clara Ejembi Vice Chair: Dr.Zainab Kwaru Mohammed	Mohammed Indimi Hall, UNIMAID
3:30 pm - 4:15 pm	45 minutes	Plenary Session V: Topic-Vitamin D Enhancement Project: Addressing the Hidden Epidemic among the Upperclass in Nigeria. "Ave Health Sense Limited in partn ership with Alpha" Chairman : Prof Isa Abubakar Vice Chair : Dr. Nyemike Simeon Awunor	Mohammed Indimi Hall, UNIMAID
4:15pm-5:00 pm	45 minutes	Technical Session II: Nutrition beyond the Clinic: Integrated Nutrition specific and sensitive intervention through community health networks. Action Against Hunger(ACF) Chairman: Prof Akinlolu Omisore Vice Chairman: Dr Danimoh Mustapha	Mohammed Indimi Hall, UNIMAID
5:00pm-5:45pm	45 minutes	Technical session III: Caring for hospitalized malnourished children:unique challenges and Solutions. MSF Chairman:Prof Olugbenga Oguntunde Vice Chairman: Dr Mary Onoja	Mohammed Indimi Hall, UNIMAID
5:45 pm		Closing for the day	All



DAY 5 (SCIENTIFIC CONFERENCE CONTINUES)			Friday 13th February, 2026
TIME	DURATION	ACTIVITY	VENUE
8:00 am- 9:00 am	1 hour	Strategic sessions:	Mohammed Indimi Hall, UNIMAID
9:00am-9:30am	30 minutes	Presentation of APHPN Housing Estate	Canopy space
9:30am - 12:30 pm	3 hours	Annual General Meeting (working Tea break	Mohammed Indimi Hall, UNIMAID
12:30 pm - 2:00 pm	1 hour	Lunch/ Prayers	Mohammed Indimi Hall, UNIMAID
2:00pm-4:00pm	2 hours	City Tour	Sight seeing
6:00pm-9:00 pm	3 hours	Award night/Dinner/Closing Ceremony	



OPENING CEREMONY PROGRAMME

Association of Public Health Physicians of Nigeria (APHPN)

OPENING CEREMONY PROGRAM

PROGRAM OF ACTIVITIES		
Date: 11th February, 2026		
Venue: Muhammadu Indimi Hall, University of Maiduguri, Borno State, Nigeria.		
Time: 10:00 am prompt		
Chairman of the Occasion: Prof Ayuba Zoakah		
Special Guest of Honor: Prof. Muhammad Ali Pate, Honorable Minister of Health and Social Welfare in Nigeria		
Chief Host: His Excellency, Prof. Engr. Babagana Umara Zulum CON, FNSE, mni		
Royal Father of the Day: Alhaji Abubakar Ibr Umar Garbai Al Amin El-Kanemi (CFR)		
TIME	DURATION	ACTIVITIES
10:00 -10:30 am	30 minutes	Arrival of Guests/Opening Prayer
10:30 - 10:45 am	15 minutes	Introduction/Recognition of Dignitaries, Guests and Delegates by Master of Ceremony
10:45 - 10:50 am	5 minutes	National Anthem
10:50 - 10:55 am	5 minutes	Address by Chairman LOC Prof. S.J. Yahya.
10:55 - 11:00 am	5 minutes	Address by Chairman, APHPN Borno State branch Dr. Zara W. Wudiri
11:00 - 11:05am	5 minutes	Address by APHPN President, Dr.Terfa Simon Kene
11:05-11:20 am	15 minutes	Goodwill messages by partners: NEDC, NPHCDA , Commisioners of health for North Eastern States, Chief Medical Director UMTH, ,Lafiya UK, APIN Initiative, UNFPA, ACFe.t.c
11:20 - 11: 30pm	10 minutes	Borno State Cultural Troupe
11:30 - 11:35 am	5 minutes	Address by the Chairman of the occasion. Prof. Ayuba Zoakah
11:35- 11:40am	10 minutes	Address by Hon. Commissioner for Health Professor Baba Mallam Gana
11:40 am - 11:50- am	10 minutes	Address by Dr Salma Ibrahim Ana Special Adviser to the President, Health
11:50am-12:35pm	45 minutes	Dr Isaac Oluwole Memorial Lecture: "Navigating Complexity: Strengthening Health Systems Across Nigeria's Multidimensional Conflict and Humanitarian Crisis by Hon. Dr. Yusuf Tanko Sumnu Minister of State , Federal Minister of Humanitarian and Poverty Reduction.
12:35 pm-12:50pm	15 minutes	Address by Chief Host: H.E. Prof. ENGR Babagana Umara Zulum, T Executive Governor of Borno State.
12:50 - 1:05 pm	15 minutes	Documentary on the life and times of Prof. Umaru Shehu and citation by Prof. Mohammed Laminu Mele Vice Chancellor, University of Maiduguri.





WELCOME ADDRESS

BY THE CHAIRMAN, LOC OF THE 42ND ANNUAL
GENERAL MEETING/SCIENTIFIC CONFERENCE OF APHPN.

PROF. S. J. YAHYA

Distinguished delegates, esteemed colleagues, respected partners, and invited guests,

It is with great pleasure and a deep sense of honor that I welcome you, on behalf of the Borno State Branch and the Local Organizing Committee, to Maiduguri, Borno State, for this important Annual General Meeting and Scientific Conference of the Association of Public Health Physicians of Nigeria (APHPN). Your presence here today reflects your commitment to advancing public health practice and strengthening health systems, particularly in challenging and complex environments.

We are truly honored to host you in the North-East of Nigeria—a region that has come to symbolize both profound adversity and extraordinary resilience. Maiduguri, as the epicenter of humanitarian coordination and public health response within the Lake Chad Basin, presents a unique and practical learning environment for public health physicians and practitioners dedicated to serving populations affected by conflict, displacement, and humanitarian crises. Hosting this conference here is not only symbolic but intentional, as it allows us to ground our discussions in real-life experiences and field realities.

The theme of this conference, **“Healing in the Crossfire: Delivering Health Services in Conflict and Crisis,”** is both timely and highly relevant. It speaks directly to the lived realities of communities in fragile and conflict-affected settings, as well as the daily experiences of health workers who continue to provide essential services despite insecurity, limited resources, and operational constraints. The carefully selected sub-themes will further enrich our deliberations, addressing critical issues such as maternal, newborn, and child health in emergencies; violence against health workers; mental health and psychosocial support; sexual and gender-based violence; the intersection of climate change and conflict; and strategies for building resilient and adaptive health systems in crisis contexts.

This conference is expected to bring together public health physicians, researchers, policymakers, development partners, and humanitarian actors from across Nigeria and beyond. Through keynote addresses, panel discussions, workshops, and scientific paper presentations, participants will share field experiences, innovations, lessons learned, and evidence-based strategies aimed at improving health service delivery in conflict and fragile settings. We are confident that the knowledge exchanged here will inform policy, strengthen practice, and inspire collaborative action.

We sincerely appreciate the Borno State Government for providing an enabling environment for hosting this conference, particularly the unwavering support of the Ministry of Health and other relevant agencies. We also extend our profound gratitude to our development partners, sponsors, and stakeholders whose generous support has contributed immensely to the success of this event.

I wish to specially commend the members of the Local Organizing Committee and all APHPN members in Borno State for their dedication, sacrifices, and tireless efforts in making this conference a reality.

As you engage in the scientific sessions, we encourage you to also experience the warmth, hospitality, and resilience of the people of Maiduguri. Your comfort and safety remain our top priority, and all necessary arrangements have been made to ensure a seamless and rewarding stay.

Once again, welcome to Maiduguri, Borno State—the heart of humanitarian response in North-Eastern Nigeria. I wish you a productive, enlightening, and truly memorable conference.

Thank you, and God bless.





WELCOME ADDRESS
BY THE CHAIRMAN,
APHPN BORNO STATE.
DR. ZARA W. WUDIRI

Your Excellencies, Honorable Ministers, Royal Highnesses, Distinguished Delegates, Ladies and Gentlemen,

On behalf of the Borno State Chapter of the Association of Public Health Physicians of Nigeria (APHPN), it is both an honor and a profound privilege to welcome you all to Maiduguri the historic, culturally rich, and remarkably resilient capital of Borno State.

Borno is more than just a geographic entity. It is a living testament to endurance and hope. Over the past 15 years, this region and indeed the broader North-East of Nigeria has borne the brunt of a protracted humanitarian crisis, marked by violent insurgency, mass displacement, infrastructural devastation, and fragile health systems. Yet, amidst these challenges, the people of Borno have demonstrated unwavering resilience. Health workers have continued to serve under immense risk; mothers have traversed long distances for lifesaving vaccines; and young people have returned to rebuild schools and futures. This is the enduring spirit of Borno a story of courage that refuses to be eclipsed by crisis.

It is in this context that we gather under the theme: **“Healing in the Crossfire: Delivering Health Services in Conflict and Crisis.”** This theme is not merely conceptual, it reflects realities. Today, we are here not just to recount the traumas, but to showcase innovative models of recovery, adaptation, and perseverance that have emerged from our region. These are lessons that deserve global recognition, support, and replication.

For decades, the Association of Public Health Physicians of Nigeria has been a central force in confronting the country's public health challenges. This year marks a historic milestone: for the very first time, our Annual General Meeting and Scientific Conference is being hosted in the North-East. This decision is deliberate, not symbolic. It affirms our collective commitment to inclusion, equity, and recognition of a region that has experienced both acute vulnerability and extraordinary resilience.

This conference is a convergence of expertise and experience bringing together public health professionals, academics, humanitarian actors, traditional leaders, development partners, and policymakers. Together, we aim to engage in meaningful discourse on how to ensure equitable and sustainable health service delivery in fragile and crisis-affected settings. Our discussions will also spotlight innovative community-led initiatives and state-level interventions that are making a difference on the ground. The association is particularly grateful for the support of the Borno state government, by His Excellency Professor Babagana Umara Zulum the Executive Governor. We equally appreciate the effort of Yobe, Bauchi, Adamawa, and Gombe states, as well as both tertiary and secondary health and training institutions. We also extend our appreciation to our partners, including the North East Development Commission, The Office of the special Adviser to the President on Health, NPHCDA APIN Public Health Initiatives, Lafiya UK, Action Against Hunger, UNFPA, and all other collaborators.

We also gather to honor a distinguished son of Borno, the late **Professor Umaru Shehu** a towering figure in African public health, former WHO Regional Director, and the founding Chairman of the APHPN Board of Trustees. His legacy of excellence, integrity, and vision continues to guide our association. This conference, held in his homeland, is a fitting tribute to his lifelong dedication to community health and global service.

Beyond the plenaries and scientific sessions, I encourage you to immerse yourselves in the unique sights and sounds of Borno. Explore the storied palace of the Shehu of Borno, hear the hypnotic rhythm of the Kanuri drums at dusk, and savour our traditional delicacies—*Brabisko* and *miyan kuka*, and the famous *Margi Special*. These are more than cultural symbols they are threads in the rich tapestry of a people whose identity has remained unshaken through centuries of change and challenge.

Distinguished delegates, Borno is not defined by conflict alone. It is defined by courage, compassion, and community. As we begin this important dialogue, may we root our reflections not only in theory and policy, but in the lived realities of communities striving to survive,





WELCOME ADDRESS BY THE APHPN PRESIDENT DR. TERFA KENE

It gives me great pleasure to welcome you, on behalf of the Board of Trustees (BOT), National Executive Council (NEC) and the entire members of the Association of Public Health Physicians of Nigeria (APHPN) to the 42nd Annual General Meeting and Scientific Conference holding in Maiduguri, Borno State.

The theme of this year's conference is **"Healing in the crossfire: delivering health services in conflict and crisis"**. With sub themes ranging from "climate change in the face of conflict-strengthening adaptation and mitigation strategies", to "building resilient healthcare systems in conflict situations".

With an array of plenary sessions, breakout sessions, abstract presentations and talks by subject matter experts it promises to be interesting, scientific and contemporary. The theme and sub themes of this year's conference is apt, as it reinforces the narrative that without peace there can be no progress, that health is wealth and that health workers in the front lines of conflict areas and situations must be protected in order to effectively deliver on health services for the citizens. Be sure to network, and participate actively in this timely conference.

The current executive running on the wheels of innovation for the common good heartily welcomes delegates as we brainstorm and take actionable steps for the good of the Association in taking Public Health policy and practice to higher levels of impact in Nigeria. Since the 2025 scientific conference and AGM with the support of one of our partners, we now have a befitting space for the APHPN Secretariat in Abuja; made strategic public health advocacy to key stakeholders in different states across Nigeria and the FCT; had community health campaigns and outreaches during Presidential visits to River State, Edo State and Bayelsa State. We inaugurated key committees such as: The Task-force for PHC Adoption, Committee on

Climate Change and Health, to mention but a few. The Association signed a partnership with ADRAP for a studio space for the APHPN Virtual School in Abuja. The ICSR (Innovation-Capacity Building-Service Delivery Support-and Research) initiative for the PHC adoption strategy is a framework through which APHPN seeks to impact on PHC service delivery across Nigeria.

I thank the Chairman of APHPN Borno Dr Zara Wudiri, the Chairman Local Organizing Committee (LOC) Prof. S.J. Yahya, members of the LOC and the members of the APHPN Borno State Branch for the hospitality and their concerted effort in organizing this conference. I respectfully express gratitude to the Keynote speaker for the Dr Isaac Oluwole Memorial Lecture, Dr. Yusuf T. Sununu, the Honorable Minister of State for Humanitarian Affairs for accepting to deliver it. I sincerely appreciate the various governments, and non-governmental organizations that have supported this conference such as the Government of Borno State, the Office of the SA to the President on Health, the Northeast Development Commission, APIN Public Health Initiatives, lafiya -UK support for Health in Nigeria Programme, UNFPA, Action Against Hunger and Ave Health Sense.

Once again, I wish all delegates and guests a wonderful and fulfilling conference with beautiful memories of the City of Maiduguri.

Long live APHPN!
Long live Borno State!
Long live the Federal Republic of Nigeria!





INSTITUTE OF HUMAN
VIROLOGY, NIGERIA



Commitment to

Quality Healthcare


For All



For over two decades, IHVN has supported Nigeria's efforts in HIV, Tuberculosis (TB), cancer, global health security, and health systems strengthening.

More than 20 million individuals have received HIV testing services with over 131,000 pregnant women receiving services to prevent mother-to-child transmission of HIV. Over 709,000 individuals have also cumulatively received life saving Anti-retroviral treatment.

***Together,
we can achieve a
healthier future for all.***

 Institute of Human Virology, Nigeria

 IHVNigeria  @ihvnigeria

 Institute of Human Virology, Nigeria



HEALTHNOMICS HMO PLC

...path to a healthy life

REDEFINING HEALTHCARE ACCESS IN NIGERIA



Background:

In a country where millions struggle with the rising cost of healthcare, Healthnomics HMO Plc is charting a new course – one that makes **quality** healthcare both **accessible** and **affordable** for Nigerians.

Healthnomics HMO Plc, duly registered with the CAC and licensed by the NHIA, was established to bridge the gap between healthcare needs and access. Backed by some 700 Board-certified medical and dental specialists from across Nigeria and the Diaspora, the company champions innovation, transparency, and patient-centered care. Whether for individuals, families, small interest groups, SMEs, or large corporations, our HMO offers flexible and cost-effective health plans that meet today's medical realities.

Healthnomics HMO is positioned to be more than a health insurer and a special partner in your wellness journey. Our focus is on providing Nigerians with the tools for preventing illness, providing early intervention, and ensuring no one is left behind or frustrated because of cost of care

Our Unique Edge

- **Nationwide Network:** Access to thousands of accredited hospitals, pharmacies, and specialist clinics across Nigeria.
- **Digital Convenience:** Seamless enrolment, cashless access to care, and real-time claims processing through our customer portal and mobile app.
- **Preventive Care:** Regular health education and telemedicine consultations included in many plans.
- **Diaspora Health Plan:** A flagship innovation enabling Nigerians abroad to pre-pay health coverage for their loved ones at home.

Customer-Centered Approach

Healthnomics HMO Plc has reimagined customer service in the Nigerian health insurance sector. With a 24/7 call centre, multilingual support, and a dedicated client liaison system, customers are assured of a responsive and personalized experience.

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CITATION OF GEUST SPEAKER
HONOURABLE MINISTER OF STATE FOR EDUCATION,
FEDERAL REPUBLIC OF NIGERIA
DR. YUSUF TANKO SUNUNU

BRIEF CITATION ON DR. YUSUF TANKO SUNUNU,
HONOURABLE MINISTER OF STATE FOR
EDUCATION, FEDERAL REPUBLIC OF NIGERIA

I introduce Honourable Dr. Yusuf Tanko Sununu born the 2nd of February, 1967. A man of exceptional accomplishments who has transverse different worlds of medical, administrative and political practices.

He was twice member representing Yauri/Shanga/Ngaski Federal Constituency at the House of Representatives. He got appointed as a Minister of State by His Excellency, President Bola Ahmed Tinubu.

He finished from Ngaski Primary School 1981, Government Science Secondary School, Yauri in 1986 from where he proceeded to obtain Bachelor of Medicine, Bachelor of Surgery (M.B.B.S) degree Certificate of University of Maiduguri in 1996.

After his Housemanship, he was mobilized to Ekiti State where he did a one year mandatory National Service. A holder of Fellowship of West African College of Surgeons (FWACS), Diploma and Fellowship in Minimal Access Surgery (DMAS & FMAS).

A Consultant Obstetrician and Gynecologist and a trainer in Minimal Access Surgery at the Federal Medical Centre, Birnin Kebbi, where he spent the prime of his career working as a Chief Consultant.

Dr. Sununu had variously taught in obstetrics and gynecology as a visiting lecturer to Usman nu Danfodiyo University Sokoto. He spent four (4) years working as a volunteer teacher with the College of Nursing and Midwifery in Birnin Kebbi.

He served in the Board of Management for the Federal Medical Centre, Katsina; and UDUTH, Sokoto. A member and former Chairman of the Kebbi State Branch of the Nigerian Medical Association (NMA), he was also a past Secretary General of NMA. A member of Society of Gynecology and Obstetrics of Nigeria (SOGON) and World Laparoscopic Surgeons (WALS), New Delhi, India.

A philanthropist, Dr. Sununu introduced Scholarship grants to all females undergraduate students of his constituency postgraduates students and law school students. He also provides accommodation to male undergraduate students in some selected tertiary institutions. Actively promotes reduction of maternal mortality through provision of free Caesarean sections to deserving patients in his constituency. He constructed through constituency project 3 type 2 PHC. In 2019, he contested and won election to represent Ngaski/Shanga/Yauri Federal Constituency of Kebbi state. He was reelected in 2023. In both tenure, he served as the Chairman Committee on Health Care Services.

In all the 30 wards of his constituency, he facilitated one or more meaningful projects. He sponsored yearly medical outreaches including special clinics to the diabetic patients. He distributed free anti-snake venom to victims of snake bites and saving thousands of life. He was also instrumental to lots of construction projects and most importantly the computer based centre which was upgraded to National Open University of Nigeria. Yauri Community Centre. He sponsored and followed the establishment of Federal College of Education (Technical) Yauri, Kebbi State.



DAY	SESSION	HALL	ABSTRACT
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	SESSION II 8:00 am - 9:00 am	Prof Ibrahim Njodi	APHPN_BO26_OR_008 – APHPN_BO26_OR_005
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	SESSION IV 3:00 pm – 4:00 pm	Prof Ibrahim Njodi	APHPN_BO26_OR_024 – APHPN_BO26_OR_031
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	SESSION VII 8:00 am - 8:45 am	Prof Ibrahim Njodi	APHPN_BO26_OR_046 – APHPN_BO26_OR_049
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5	Building Resilient Health Systems in Conflict - Affected Nigerian Regions: Embedding Pediatric HIV Care into Integrated Management of Childhood Illness (IMCI) Structures.	F. Pepple*, O. Olaifa, V. Ekeke, M. Tomori, M. Obaje, U. Okezie, P. Okonkwo	APHPN_BO26_OR_006	ORAL
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The Life and times of Late Emeritus Prof. Umaru Shehu

Life and Times of Late Professor Umaru Shehu

The Late Prof. Umaru Shehu, CON, CFR (8 December 1930 – 2 October 2023), was a Nigerian Physician and academic administrator. He held significant positions at several universities, including the University of Nigeria, Nsukka, Ahmadu Bello University, and the University of Maiduguri. He was the chairman of the board of directors of the Institute of Human Virology, Nigeria.

Education

Umaru Shehu was born in Maiduguri on December 8, 1930,[3] in the then Borno province (now Borno State) of the North-Eastern State in Northern Nigeria. Shehu attended elementary school in Maiduguri from 1935 to 1940, followed by middle school from 1941 to 1943. From 1944 to 1947, he studied at Kaduna College in Zaria, and then attended University College, Ibadan, from 1948 to 1953, where he graduated with an MBBS degree. He also spent time at the University of Liverpool in two separate periods, between 1953 and 1956, and again from 1966 to 1967. Career

In 1957, after completing his medical education, Shehu began working as a Pre-Registration House Surgeon at the Southport Infirmary in the United Kingdom. Later that same year, he returned to the Government of Northern Nigeria and served as A Pre-Registration House Physician. He gradually climbed the ranks within the medical field, holding the positions of Medical Officer from 1957 to 1963, Senior Medical Officer from 1963 to 1965, Principal Medical Officer from 1965 to 1966, Assistant Chief Medical Officer from 1966 to 1967, and Chief Medical Officer in the Preventive Services Division from 1967 to 1968

In Ahmadu Bello University, Zaria.

Following his tenure in the Preventive Services Division, Shehu was offered a position as the Permanent Secretary of the Ministry of Health and chief

He served as a Reader and Acting Head of the Department of Community Medicine from 1968 to 1970, making him the department's first-ever head. During this period, he also served as Deputy Dean of the Faculty of Medicine and as Director of the Institute of Health from 1969 to 1970. In 1970, he became a Professor of Community Medicine and served as Head of the Department of Community Medicine, a role he held from 1970 to 1978. Additionally, Shehu served as the director of the Institute of Health from 1970 to 1977 and served as Deputy Vice Chancellor from 1975 to 1976. Finally, he served as pro vice chancellor from 1977 to 1978.

In the University of Maiduguri

During his tenure at the University of Maiduguri, Shehu held significant positions and made notable contributions to the institution. From 1991 until his death, he served as an Honorary Consultant Physician. In recognition of his accomplishments and contributions, he was appointed professor emeritus in 2000. Additionally, Shehu served as the provost of the College of Medical Sciences at the university from 1991 to 1993. Furthermore, Shehu served as the Sole Administrator of the University of Maiduguri from 1993 to 1994, assuming a crucial interim leadership role during that period.

At other universities

In 1978, he served as vice chancellor at the University of Nigeria, Nsukka, where he made significant contributions to the institution's academic and administrative development until 1980. At the University College Hospital, Ibadan, he served as Chairman of the Board of Management from 1991 to 1994, providing strategic guidance and oversight of the hospital's operations. Shehu served as Pro-Chancellor and



Chairman of the Governing Council at Bayero University, Kano, from 1993 to 1996. Subsequently, from 1996 to 1999, he served as Pro-Chancellor and Chairman of the Governing Council at the University of Lagos. In these roles, he played a crucial role in the governance and strategic direction of the respective universities.

Career with International and National Health Organisations

Prof. Shehu served as the President of Medical Schools in Africa from 1973 to 1975. Additionally, he served as an external examiner in public health at the University of Ghana Medical School. He has also chaired the boards of the National Agency for the Control of AIDS (NACA) and STOPAIDS. Furthermore, Shehu has served as a patron of various healthcare organizations, including the Guild of Medical Directors, the Nationwide Network for Health, the Nigerian Medical Forum of Great Britain and Ireland, and the Nigerian Institute of Stress.

Prof. Shehu also served as a trustee of the National Foundation on Vesicovaginal Fistula (VVF). Moreover, he has been a member of the board of trustees of the Nigerian Tuberculosis and Leprosy Association.

In terms of publications, Shehu has contributed to medical journals. He has served on the editorial board of the West African Medical Journal and as a consulting editor for the Nigerian Medical Practitioner. Additionally, he has served as an editorial adviser for the Nigerian Postgraduate Medical Journal. Notably, he served as joint editor-in-chief of the British Medical Journal West Africa edition. He served as the chairman of the board of directors of the Institute of Human Virology, Nigeria (IHVN), until his death.

Work with WHO

Professor Shehu also worked closely with the World Health Organization (WHO) in various capacities. His involvement began in 1970, when he served as a Short-Term Consultant for the Working Group on Health Services and Manpower Development Mechanism in Geneva. He continued collaborating with WHO, serving as a Temporary Adviser from October 1970 and as a Short-Term Consultant from 1971 to 1973. In 1974, Shehu served as a Consultant for Technical Discussions at the 24th WHO Regional Committee for Africa.

Subsequently, he held key roles, including National WHO Program Coordinator/Representative in Nigeria from 1980 to 1985, during which he contributed to the implementation of WHO programs in the country.

From 1985 to 1989, he served as the Director of the WHO Sub-Regional Health Development Office III, providing leadership and guidance for health development activities in the sub-region.

In 1990, Professor Shehu became the WHO Representative to Ethiopia, further extending his expertise in promoting health and healthcare services in the country.

His Death

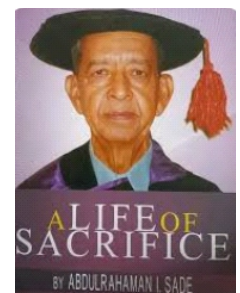
Umaru Shehu died on 2 October 2023, at the age of 92. He was survived by his wife, Tuha, and his children: Mahmoud and twins Musa and Hassana.

Awards and honours

Shehu held Honorary Doctor of Science degrees from Ahmadu Bello University and the University of Nigeria, Nsukka. In 1979, the Government of Nigeria awarded him the Commander of the Order of the Niger (CON), and in 2000, he was awarded the Commander of the Federal Republic (CFR). Furthermore, in 2014, President Goodluck Jonathan presented him with the Centenary Award, a prestigious recognition for Nigeria's 100th anniversary as a nation.



President Goodluck Jonathan presented him with the Centenary Award, a prestigious honor in recognition of Nigeria's 100th anniversary as a nation.



Book on the late Prof. Umaru Shehu



Vote of Thanks

Dr. Bello Umar

LOC Secretary

APHPN BORNO CONFERENCE "BORNO 2026"

Distinguished ladies and gentlemen, highly respected elders, eminent scholars, policymakers, traditional rulers, development partners, colleagues, and friends of public health, good day to you all.

On behalf of the Association of Public Health Physicians of Nigeria (APHPN) and the Local Organizing Committee, I rise with an immense sense of humility and responsibility to formally extend our heartfelt gratitude to all individuals and institutions whose presence, support, and invaluable contributions have made this opening ceremony a remarkable success.

First and foremost, we give all glory, honour, and adoration to Almighty God, whose boundless mercy, divine guidance, and sustaining grace have enabled us to gather here today in peace, unity, and shared purpose.

We are profoundly indebted to our Chief Host, His Excellency, Professor Engr. Babagana Umara Zulum, Executive Governor of Borno State, for his magnanimity, visionary leadership, and unwavering commitment to health, humanitarian action, and sustainable development. Your Excellency, your presence and steadfast support have conferred great honour and prestige on this gathering.

With deep respect, we appreciate the Chairman of the Occasion, Professor Ayuba Ibrahim Zoaka, for his exemplary leadership, distinguished scholarship, and invaluable guidance, which continue to inspire excellence within the public health profession.

We most sincerely thank our Special Guest of Honour, Professor Muhammad Ali Pate, Honourable Minister of Health and Social Welfare of the Federal Republic of Nigeria, for finding time out of his demanding national responsibilities to grace this occasion, and for his continued leadership and vision in advancing health sector reforms in Nigeria.

"In the same vein, we express our profound appreciation to the Honourable Minister of State for Humanitarian Affairs and Poverty Reduction, Dr. Yusuf Tanko Sununu, for his presence and his tireless efforts in addressing the social determinants of health and fostering resilience in our communities. Your commitment to the vulnerable aligns perfectly with the

Your commitment to the vulnerable aligns perfectly with the core mission of public health."

We respectfully and reverently acknowledge our Royal Father of the Day, His Royal Highness, Alhaji Abubakar Ibn Umar Garbai Al-Amin El-Kanemi (Commander of the Order of the Federal Republic – CFR), whose royal presence, wisdom, and blessings have added immense dignity, cultural depth, and historical significance to this occasion.

Our sincere appreciation also goes to the Honourable Commissioner for Health, Borno State, Professor Baba Mallam Gana, and Dr. Salma Ibrahim Anas, Special Adviser to the President on Health, for their insightful contributions and steadfast commitment to strengthening Nigeria's health system.

We are deeply grateful to the Vice-Chancellors of Universities, Provosts of colleges, Deans of faculties, Heads of academic and research institutions, Chief Medical Directors and Medical Directors of tertiary and specialized hospitals, including the University of Maiduguri Teaching Hospital, Yobe State University Teaching Hospital, Kashim Ibrahim Shettima Teaching Hospital and the Federal Neuropsychiatric Hospital, as well as Chief Medical Directors from Borno and Yobe States, Health Management Boards (HMBs). We are also grateful to Executive Secretaries from various agencies, Directors from relevant ministries, departments and agencies, and Permanent Secretaries present here today, for your leadership, guidance, and unwavering support for academic excellence, health workforce development, and public health advancement.

We extend our warm gratitude to the leadership of the Association of Public Health Physicians of Nigeria (APHPN), particularly the President, Dr. Terfa Simon Kene; the Chairman, Borno State Branch, Dr. Zara W. Wudiri; the Chairman of the Local Organizing Committee, Professor S. J. Yahaya; and all members of the National, State, and Local Executives, for their dedication, professionalism, and tireless service to the Association.

We sincerely appreciate our erudite scholars

and speakers, especially the presenters of the Dr. Isaac Oluwole Memorial Lecture, for enriching our discourse with intellectual depth, evidence-based insights, and professional inspiration. In equal measure, we express our deep gratitude to Professor Hamman Grandawa, Provost of the College of Medical Sciences, University of Maiduguri, for the moving and insightful documentary on the life and times of the legendary Professor Umaru Shehu. This tribute served as a powerful reminder of the giants upon whose shoulders we stand and the excellence we must strive to uphold.”

Our heartfelt appreciation goes to all institutions and partners who shared goodwill messages and stood firmly with us, including the North East Development Commission (NEDC), Borno State Government, Yobe State Government, and development and implementing partners such as the Lafiya Project, APIN Public Health Initiatives, AVI Health Sense, the United Nations Children's Fund (UNICEF), CASELS, the Private Sector Health Alliance of Nigeria (PSHAN), the United Nations Population Fund (UNFPA), Action Against Hunger (ACF), Médecins Sans Frontières (MSF), the Institute of Human Virology (IHV), International Rescue Committee (IRC), and all other collaborating partners, for their sustained support to public health, humanitarian response, and health systems strengthening.

We also acknowledge and appreciate our sister professional associations, including the Association of Resident Doctors (ARD), the Medical Women's Association of Nigeria (MWAN), and the Nigerian Medical Association (NMA), for their solidarity, collaboration, and continued partnership in advancing healthcare delivery in Nigeria.

Special commendation goes to the Borno State Cultural Troupe for beautifully showcasing our rich cultural heritage and adding colour and pride to this occasion.

We wish to specially recognize members of the Local Organizing Committee, sub-committees, volunteers, protocol officers, media teams, and our dedicated security personnel, including the Nigeria Police Force, Department of State Services (DSS), Nigeria Security and Civil Defence Corps (NSCDC), and University Security Services, whose professionalism, vigilance, and behind-the-scenes efforts ensured the seamless planning, safety, and successful execution of this programme.

Distinguished ladies and gentlemen, your presence, active participation, and solidarity have greatly enriched this occasion and reaffirmed our collective commitment to advancing public health practice and health equity in Nigeria.

Once again, on behalf of the Association of Public Health Physicians of Nigeria (APHPN) and the Local Organizing Committee, I say thank you most sincerely. We wish you fruitful deliberations and a safe return to your respective destinations.

Dr. Bello Umar
LOC Secretary
APHPN BORNO CONFERENCE “BORNO 2026”





Association of Public Health
Physicians of Nigeria (APHPN)

42nd
Annual General Meeting
& Scientific Conference.



Association of Public Health Physicians of Nigeria (APHPN)



- BORNNO 2026 -





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OUR COMMISION

- Alternative Solution
- Integrated Growth
- Local Empowerment

AREAS OF EXCELLENCE

- ⊕ Education
- ⊕ Primary Health
- ⊕ Environmental Protection



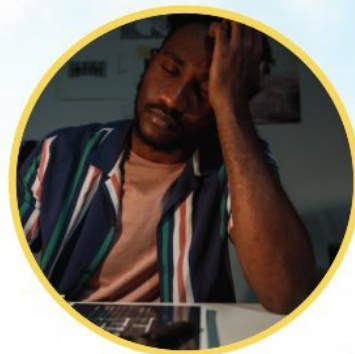
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Tel: 07036402131, 08039234224

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Private Sector Health Alliance of Nigeria (PSHAN) was established to drive health systems strengthening through collective, high-impact, sustainable action. We create compelling opportunities to pool private sector capabilities, resources, assets, and expertise across a coordinated platform to complement the efforts of the government, partners, and implementers to accelerate improvement in health outcomes in Nigeria.

Vision


A Nigeria where everyone has equitable access to quality and affordable healthcare and wellness.


Mission


To be the go-to business-led platform that mobilises resources and capabilities and leverages the same to improve Nigeria's healthcare system.


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The Adopt-A-Healthcare-Facility Programme (ADHFP) is a flagship initiative by PSHAN. The programme's main goal is to establish at least one global-standard primary health centre (PHC) in each of the 774 local government areas in the country.

 **60** Operational PHCs across all 36 states + FCT

 **282K+** Accessed healthcare across ADHFP supported facilities

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 **26K+** Infants were fully immunized at 9 months

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3 Adopt a PHC

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